ARAWC recommends you check your Texas injury benefit program annually to confirm it is up-to-date and following best practices. A great place to start is ARAWC's annual employer checklist. If you need assistance, please contact info@arawc.org.

	Safety First! ✓ Confirm your safety training meets the latest standards & requirements for your industry ✓ Confirm your employees have received the most recent safety training ✓ Document and preserve safety training materials and training logs
	 Educate Your Team ✓ Educate your employees on your injury program and updates ✓ Confirm your injury program training is up-to-date and documented ✓ Confirm you have program training acknowledgment forms for all employees, including (if applicable) arbitration agreements
	 Keep Your Injury Program Updated ✓ Review your injury program with outside counsel to ensure it is current, per case law and statutory updates ✓ Confirm your injury program postings (e.g., wall-cards) are up to date and compliant, including injury reporting protocols, notices of coverage and nonsubscriber status ✓ Confirm program-related policies are consistent with program provisions (e.g., arbitration, drug & alcohol policies, return-to-work policies)
	 Confirm & Renew Insurance Coverage ✓ Review program limits to ensure program quality, accounting for cost of living and leveraging fellow ARAWC member trends (e.g., medical and indemnity benefit caps, waiting period, etc.) ✓ Review applicable excess coverage for injury program including SIR, benefits caps, etc.
	Comply with State & Federal Filing Requirements ✓ Texas DWC-5; U.S. DOL Form 5500; CMS Section 111 Reporting ✓ Sign-up for regulatory updates - contact info@arawc.org for more information
Q	Get QCARE designated ✓ QCARE (Qualified Compensation Alternative for Recovering Employees) is a simple, no-cost, online designation to recognize employers with a responsible Texas injury benefit program that satisfies high industry standards

Join ARAWC to stay informed!

administration

✓ ARAWC can help your company stay informed on the latest issues impacting Texas employers with injury benefit programs. If you are not already a member, contact <u>info@arawc.org</u> to join today.

✓ Assess your current program against QCARE's ten requirements which emphasize legal compliance, fairness in benefit delivery, insurance protections, and professional claims

✓ Visit gcare.org for more information and learn how to apply